



Herbalife Relax Now

New Product Announcement



# Relax Now

IT'S NEVER BEEN EASIER!

If you have trouble relaxing after a stressful day at work or simply have trouble maintaining a positive sense of well-being, you're not alone. Americans are suffering from an increasing number of stress-related illnesses, which isn't surprising since stress is considered by many experts to be the country's #1 health problem. Our society places incredible demands on people of all ages, but supplies us with few natural ways to reduce or alleviate anxiety. Fortunately, Herbalife has created a natural, safe and beneficial formula to help you relax. It's called Relax Now.

Relax Now is a blend of three potent herbs and botanicals, Ashwagandha, Jujube Seeds and Passionflower. This proprietary blend works to help calm your nerves and revitalize your spirit without causing grogginess or fatigue.\* In less than two hours, you'll feel less

anxious and more alert—a benefit many other herbal relaxers can't claim.\*

Here are just a few of the incredible benefits of Relax Now:

- Helps promote feelings of calmness and relaxation\*
- Helps relieve anxiety\*
- A source of vitamin C, a powerful antioxidant\*
- All-natural and non-addictive formula is safe for every day use

This amazing product can help your customers fight the damaging physical consequences of stress and calm down naturally. So get the word out to everyone that Herbalife has a better—and healthier—way to deal with stress. Order Relax Now today.

Call 1-866-866-4744.

#0055 \$13.95

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Relax Now

Our lives are hectic. Between work and family, many of us have little time to take a break and unwind. We get stressed and anxious, which affects our relationships, our work, our sleep, and most importantly, our well-being. Too often, we turn to unhealthy habits when we need to quickly solve a problem or just relax. Fortunately, we don't have to live in this vicious cycle. With Herbalife, there's a natural way to relax.

Introducing Relax Now, a specially formulated herbal product that combines potent herbs and botanicals to help calm your nerves, revitalize your mood and promote a positive sense of well-being every day.\* The proprietary power of three herbs, Jujube Seed, Passionflower and Ashwagandha, ease anxiety, relieve stress and relax your body naturally.\*

Relax Now relies on the natural sedative power of Jujube Seeds for their subtle calming properties.\* In traditional Chinese medicine, Jujube Seeds, also called "Suan Zao Ren" or "sour-date," have a long history of helping with nervous exhaustion, irritability and insomnia. Jujube Seeds are a source of vitamin C, a powerful antioxidant that can help protect you from damaging free radicals.\*

Passionflower contains alkaloids and flavonoids, which have been found to relieve anxiety and nervousness caused by emotional strain.\*

More than 2000 years of Ayurvedic medicine have contributed to the amazing reputation of Ashwagandha. This "adaptogen" or endurance-enhancing herb has a long history of relieving stress and promoting a positive sense of well-being.\* It exerts a mild sedative effect while preserving alertness.\* Ashwagandha also may help strengthen the immune system.\*

This non-addictive herbal tablet is a safe and beneficial way to ease stress, while maintaining alertness.\* Within a couple hours of taking Relax Now, you'll actually feel the anxiety and tension leave your body, while enjoying a clearer mind and increased energy throughout your day.\* Feeling this good has never been easier—thanks to Relax Now.

## Discussion Points

- **Lasting Effects:** Jujube Seeds are commonly used in herbal formulas because they deepen and prolong the beneficial effects of the product.
- **Tireless Benefits:** Passionflower contains niacin (B3), and alkaloids and flavonoids, which have beneficial non-addictive calming properties without causing drowsiness.
- **Ayurveda for Anti-Stress:** Also known as the "wonder herb" of India, Ashwagandha has long been regarded for its ability to counteract anxiety and stress, and promote a calm and alert state of mind.

## Did You Know?

Ashwagandha or "winter cherry" is increasingly referred to as the "Indian ginseng" for its ability to relieve stress and anxiety while rejuvenating the body. In fact, Ayurvedic healers have long prescribed Ashwagandha to treat stress-induced exhaustion caused by physical and mental strain.

## Fast Facts

- Helps promote feelings of calmness and relaxation.\*
- Creates a sense of serenity and well-being.\*
- Won't cause grogginess or fatigue.\*
- Helps relieve anxiety.\*
- Safe and beneficial for daily use.
- All natural and non-addictive.

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## SUPPLEMENT FACTS

Serving Size: 1 Tablet

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calcium (as Calcium Carbonate)	85 mg	9%
Dried Jujube Extract (Seed)	100 mg	†
Dried Ashwagandha Extract (Root)	100 mg	†
Dried Passionflower Extract (Aerial)	75 mg	†
Bio-Absorption Complex-5 Soy Lecithin, Ascorbyl Palmitate, Plant Cellulose Enzyme, Cinnamon Powder (Bark) and Dried Black Pepper Extract (Fruit)	21 mg	†

\* Percent Daily Value (DV) are based on a 2,000 calorie diet (U.S. FDA Guidelines).

† Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Sodium Starch Glycolate, Stearic Acid, Hypromellose, Maltodextrin, Acacia, Magnesium Stearate, Silicon Dioxide and Cellulose.

**Suggested Serving:** Take one to two tablets a day.

Notice: For adult use only. If you are under medical supervision, pregnant or nursing, consult with your physician before taking this product. Product can cause drowsiness. Discontinue use if drowsiness occurs. Do not drive a vehicle or operate machinery while using this product. Do not take concurrently with prescription anti-anxiety medicine.

## Ordering Details

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\$13.95